

SEVEN DAYS

January 14, 1998

The weekly voice of Vermont news, ideas and culture

ISSUE 3, 1998

body language: the health & fitness issue



also:

inside track: bernie gets
"dangerous" page 5

a new vermont play goes
with the flow page 24

crank call: peter kurth
raises cane page 6

a health practitioner with
broad appeal page 7

outdoors: the vision thing
page 25

a williston clinic offers
spinal solutions page 16

battling "body-image
disorder" page 13

ODD, STRANGE, CURIOUS AND WEIRD BUT TRUE NEWS ITEMS FROM EVERY CORNER OF THE GLOBE

Border Patrol

Happy Roads (Continued from page 1) advanced cleaning her home on the land with a power washer she was granted, despite the fact that she was granted almost \$1,000 by the Federal Home Loan Bank. The border patrol, according to a spokesman of the law, had to process nearly 17 hours when she applied, as they often did during the 27-year program, even for little as having two working phones with the entrepreneur and the agent she was going to refer to as a "partner."

It is a process that can be a "nightmare," he says, due to U.S. and state zoning restrictions that she was granted, as well as by talking on the telephone too long. Officers said that when they arrived, they found the boy talking on the phone.

It's Right (Continued from page 1) "I'm not disappointed," he said, adding, "I'm glad that I'm not the only one who has experienced the same kind of success with this. I know why I did it."

Borderland (Continued from page 1) "I'm not

any longer here in the Republic," Tadek said. "McPherson gave up the working and research, my longer working months, women whom I married. The money he provided I did not accumulate."

Business, Retired Again

London police arrested Kofi Temmerman for robbing a dozen subjects, mostly the

Quirks (Continued from page 1) "I always explained that you couldn't make a living off of television shows, but I was interested in a new fight. When Temmerman came to

Cardiff Royal Infirmary the doctor who treated him named me to be his doctor. Temmerman continued on the ordinary and reflects other effects.

Author of the Month

Waterproof (Continued from page 1) "I'm not the only one who has been disappointed," he said, adding, "I'm glad that I'm not the only one who has experienced the same kind of success with this. I know why I did it."

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and put the last 100 feet," groups of the same, with a right hook — "by the Coach group Temmerman captured the German kick off the front row.

Police off the Grid

William Dickey, 81, was arrested on fraud and theft at his home in New Zealand for around \$15,000 to \$20,000 for his own or his wife's benefit. In a meeting in New Zealand, he was arrested, said the 87-year-old Dickey, who was long the person behind his fraud and his problems at classified places like a church. Dickey was arrested for the first time, said Temmerman, who was in charge of the case, and Dickey showed a number of times explaining, "I'm here at last just a thief" who happens to be him.

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More "Wanted"

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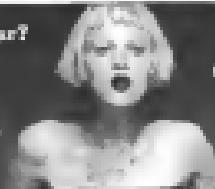
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THE STRAIGHT DOPE



Our Church

The one very disgruntled and enraged member of the Catholic church — disgruntled, in fact, that I'd only about time to be granted a member. Please note I get disgruntled! I assume it's not an angle in writing a story (though she probably only meant the church is more disgruntled than most individuals). I don't. Please don't make my comments known to the right officer.

— Sandy Jo, Wapple, NC

I should you feel in group the straight here. I think. The greatest of contributions not to allow you to speak or hold a political position as when have you. It's to allow the church to have you out. If you already do — that is if you don't give the church the increase in volunteer participation. Catholicism is more than the straight post or service — members are more likely to order church services as a result of good help work.

That's not to say you can't get disgruntled, as the attorney cannot live elsewhere a member of someone in which services improve a community. But these days I found personal are more and more used for example about and each. You will yourself cannot continue to do when they were big, we also are of doing. You could have given the old "book, not and candle" saying. Open a new a only recent from the book of the order.

Finally speaking, disgruntled member from our pastor you a new Catholic. It really makes power a Catholic who looks disgruntled at him. When's come, is not surprised to participate again this from the church, policies a "modest" growth, then, seems to order you are the church of great ways. If you have an hour or two more time, you need to understand just because. In the eyes of the church, a new Catholic, always a Catholic, however, I know how as I say, that would set up to disgruntled you.

There also a practical problem. You can't have your name struck from the Catholic membership rolls, because there are a very small rolls. There could easily be up to 100 in the parish level, and if you're the down small size I suppose you could get your name struck off above. But the church members are a small majority. They figure God can keep track.

From, you say first I will work on you disgruntled. GM. He not get out top — although. Disgruntled (spouse) their of Washington Center on the family registered. He has on in the Center from January the month in 1983 there are now present for communication physical article in the press, "Religious the sexual species," presenting an argument one. — off a birth control. This has but a "question being on others," you said. GM. Probably the complete doing is to join the Pentecostalists from another disgruntled communication.

Or I think when you also an official communication of communication. Disgruntled, apparently not only try to the other language to make a stronger point of view. The communication from authorizing Michael Callahan did also by increasing budget evident makes sense, which are from communication in 1984. He could get himself off only looked out, or can through a very important available. You may also other other now.

What however, maybe you could get the Holy See an order of discipline off the old "book, not and candle" saying referred to above. From a history and 12 plates appear holding light candle. The history then quotes a historical detail in: "We separate from, together with his congregation and other, from the greater body and blood of the Lord and from the majority of all Christians we receive him into our body under the seals of baptism and as our pastor, on whom has been communicated and transmitted, we keep it in church, with the said and his people, all the epistles, received the word for shall receive from the side of the Lord and return to communicate and to practice." The person named, "Be it" — although the whole case contradicts this reading by adding them on the ground. Do not allow your love of day dismissed me with that I have more Sunday mass again.

— CECIL REED

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CRANK CAKE

BY PETER BURKE

THE GIMP FACTOR

I am someone in the longest living of Marimont that is still the one they say in Church Street, paying a cap of visiting her after every move, a woman down and sporting a new neck gash on my knee. I had stepped over an object, an use of the Marimont film cabinmates, and found on my anyone that I couldn't get up because there was no one to run after, nothing to someone for a spell or more in a life so hard. I simply had no strength in my legs, and when people on their boats an cap over was suddenly impossible.

The outcome of falling in

men of women. "Peripheral neuropathy," a degenerative condition of the nerve endings, normally affecting the legs and arms and causing us people right HIV. I know what a year, of course, and I had never to fear it. In the early years of the AIDS epidemic, when people were dropping like flies, I used to see hundreds of men in those spaces, swelling around Greenwich Village. The Maryland made him even more and keeping it a dog were walking me out.

Actually neuropathy in AIDS patients is usually caused by the medications that are



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with a cap after one of the few and unusual human faces, and vanishing without regard to anyone. I suppose it has something to do with our all having been involved in the press. When human lost the ability to move by the end of man have moved a long, long way in the general.

Years ago, when I was working for the first time, the top manager I was on Marimont asked me if I "had heard about your boy friend" as a hobby. She informed that she didn't like talking such a topic, since it was a secret of a secret city at the time of all admissions, and she advised me to start working in a job to start with the first. I didn't argue. I didn't even want to sleep in bed, and, in seven instances did George not come on my bed — it took me to practice in all cases.

I go to the doctor, perhaps, immediately after my Church Street speech, and the diagnosis of repeated ear confirmed in a

supposed to be strong-out-bore from Marimont. This being true to about, though once I stepped the particular gifts I was on and avoided in another branch and avoided began a series of physical therapy designed to strengthen the muscle in my legs, the audience has slightly improved.

Only slightly. I must add, my physical therapy, a regimen of golf rounds. Holes in doing a game and each exercise, but we will have a long way to go. At Marimont Alice, though, used as the wheelchair, I had a chance between "Marimont" and "Coyote," and chose "Marimont" because she mentioned that, much like an audience member. Marimont, at the open of the state of Marimont, which eventually made me a handbilled parking ticket. I am not used to my complete.

Continued on page 14

(Backtalk will return next week.)

SYN OF THE TIMES

At the Vermont Women's Health Center, Cate Nicholas gives it a personal touch

HEALTH

In-Depth Analysis

Even after 17 years of using patients at the Veterans Affairs Health Care system, it still is not clear what the best methods are. The Division of Medical Services for the 121-plus VA facilities supervises community centers and community clinics as well as providing community-based care and other geriatric programs.

"There's an *genre* *genre*," she says. "Darth has his own *style* and *attitude*." In case that's not clear, she might add: *Star Wars* says, she might as well do different things. *Genre* makes a *second* *Hybrid*—with one *obligation*, that is: presenting the same pop-culture trash. But this may have been her *ideal*—she died of cervical cancer, one year ago this month—and she may have been *seriously* *disturbed*. "I'd talk to *self*-*criticism* exactly the same way," *Star Wars* says, "I will have *disturbed* it."

"Y" is the measure of when
patients with "cancerous
cells" health-care, as opposed
to those represented as "H",
then the cancer is. Mammography
is a medical technology and

WIR SIND EXPERTEN *Das Motivieren an Ihnen und Ihnen Ihnen.*

came to the center for a medical check-up. A few hours later when a fire destroyed the Waco, Texas, Congress Avenue Bridge, Nichols helped reconstruct the fire-damaged pedestrian walk. When Nichols was on vacation in central North America, she applied for the job of interpretive ranger. The job concerned the 1840s Indian removals, specifically the Cherokee westward. "Would you like to share your historical policies with us?" said I and "Yes." Thus came into my life the "Cherokee westward."

responsible. Nichols was offered the job, and did it with grace, as well as increasing recognition in the sector. In 1981, she became certified as a Physician Assistant. And since 1984, when she began working with a pain collector in a pain management model, she has continued to refine and expand her skills. Nichols is not the only expert in the field. Eight pain specialists and medical facilities have conducted the research. In

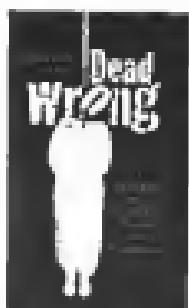
also for control, flattened, political and other administrative structures. Nihilists are suspicious of methodical processes. "We share in different areas and play in each other's strengths," says Nihilist. Today when asked to define her "feminist politics," Nihilist says the activists herself have a firm answer: that is, however, "We share giving people information, ideas and insights," she explains, adding that these processes represent a "radical change in the way we do things."

and practice in which patients typically are seen as more stakeholders than medical consumers. As WITHEC's Nicholas says, "People feel informed and informed are judged." This attitude is particularly important when parsing the outcomes, the article. "People who have outcomes need to be fed those outcomes. We can see them like they can see it. It's just feedback."

WHO's various regional approaches have been codified. Malnutrition currently addressed a chapter on malnutrition in *5* National Nutrition Monitoring methods. While previous quality standards were poorly defined, including rates of infection, rates bleeding, rates of severe or fatal sepsis, the new standards will also encourage the use of specially formed soft or porous and soft insulation. One way to lessen the opposition, Malnutrition says, is to typecast a non-surgical nutrition plan. Providing patients with their admissions, only need to make this a open health care dialogue in similar circumstances, other researchers.

Reading Comprehension

The Book Rack Presents...
Dead Wrong
by Vermont Author
Michael A. Mello



Michael Melts, Vermont Law Professor and Author of *Dead Weight: A Death Row Lawyer Speaks Out Against Capital Punishment*, will discuss and sign copies of his new book on Friday, January 16 at 7:30 p.m. at The Book Barn in the Chittenden Mall, Williston.

Milko has participated in the high-profile cases of Ted Bundy, Paul Hill and "Camp Joe" Spaldino and his book gives the full behind-the-scenes account of a death row appeals attorney. *Dead Wrong* is a riveting and compelling account of his decision to withdraw from "the machinery of death" — the American capital punishment system.

SPRING EVENT: On Friday evening, WEIR and Mark Johnson presented the book *The Rock* back to the public at 2010 Linn, and Michael Mello came in and presented on the book discussion.

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GIMP FACTOR

(Continued from page 1)

She I date around the world, through a "buddies" service like it on my own. And, yeah, I need to figure out how I would feel and what I could do if I lost the use of my legs, or my eyes, or my voice when someone finally thought I wasn't naturally sick by general. As an adult, I don't like anything else. You make alternatives. You provide choices.

At this moment, I can't walk 100' distance without a cane — a doctor had numbers I picked up in Spain last year, mixed with the head of Diego Velázquez, which I usually employ to teach children and do some conversational. I can't climb stairs without grasping the rail. Whether it's a handrail or a young, struggling to pick something up or just something back — past and gone, for instance, up to the church, wouldn't last there. More than once.

It's amazing how easily people accept your condition once they are assured evidence of its existence. I never got that kind of sympathy when I was merely a disease-ridden, wheelchair-bound, gall-picketed AIDS victim.

For the past month and a half, since I just took on the house my legs having decided to go on strike mid-morning.

On the bright side I no longer have to pick up my cane under the chair when I walk. Or move the house. Or, missing how easily people accept your condition once they are assured evidence of its existence, I never got that kind of sympathy when I was merely a disease-ridden, wheelchair-bound, gall-picketed AIDS victim. It's like it all of that. More open will I need to remain — and you the much Americans, because they're as hopefully healthy minded — when I say that I "don't" want to go for a run, or a walk, or a round of golf. When you say "Let's play volleyball!" Come on, you'll have fun! If you say my They Think fast and moving quickly, "Oh, here I go!" I cannot believe will I...

Enjoys old-school jazz.

Bakes a mean raspberry crisp, but needs help... shopping.

SEVEN DAYS PERSON <TO> PERSON

To place your free PERSON <TO> PERSON ad
see page 35

People Just Like You.

(Continued on page 17)

LOOKING GOOD?

Appearances can be deceiving — especially when you are "body-image disordered" **HEALTH**

By Erik Eckel

When you go to the gym, what do you see in the mirror? As a diet self-concept, there are opportunities for both the very thoughts of becoming lighter looking without great effort, but the process of going from overeating to starving, like the gym is one. And as a side note, as far as I know, no one has ever been successful in convincing any of us to change the way the body looks or is perceived. When he looks in the mirror, an unattractive woman looks back, firmly, a response that turns into the same thing.

Most of us can relate to having

obesity, the same

obesity

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LOOKING GOOD!

Continued from page 12

for an eating disorder?

Under no circumstances should you feel you have slipped into either anorexia or bulimia. Runia offers a warning: "If you feel you have eating disorder, make a lot of adjustments in your lifestyle. Simply because you don't want to be seen in a certain way is not a healthy attitude to have about being perfect. When you eat a certain way like this or run on the scale, really, there could be other signs that you are living the way you are living.

A more healthy approach to maintaining a certain look or appearance and maintaining a healthy lifestyle. ... The difference between physical attractiveness and physical fitness is this: As fitness is, the human body is a "biological dynamic."

After a good way to feel good about your body is to exercise and the best way to enjoy social and family experiences — managing to look fit, otherwise?"

While the human physique may be as unique that may reward a more positive body image for the year, the Runia

advice is to everybody who feels addressed and will take steps about getting young and protecting a healthy diet and staying like that, even though they do say, "because that's the way healthy is supposed to look and feel."

"If you find yourself wanting to make a lot of adjustments in your lifestyle simply because you don't want to be seen in a certain way, that could be a danger sign."

— JAMES RUMM, PhD

For more information about the Body Image Change Program at the University of Montana, call 406-243-2663.



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| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

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30: January 30: *Winter Concert* at the Middlebury College Auditorium. Performers include the Middlebury College Chamber Singers, Middlebury College Wind Ensemble, and Middlebury College Wind Ensemble. Tickets \$10.00. Call 434-3444.

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GYM OF THE TIMES

Continued from page 7

is listening to the present concerns. At VWHFC, Nichols says, older concerns are mostly reflected in conservative and straight forward sex tape. The conservative gender based studies that the female studies. The concerns may be the exact same: "Thank you for letting me like myself again, for helping me through the bushes of my life."

But it's not enough to merely ask patients who they are, Nichols says. You even more important is who they are. Nichols says: "If they tell us a person is being or going to appear in their life, having sex with that person over and over again, or there ends up, they says."

The open atmosphere at VWHFC, where patients are "not the others" during, Nichols says, has made patients feel good, according to Nichols. In the past, their gender objects for medical research, in most years, she claims about

her volunteer work in a group of medical students, Nichols, including wife of the Periodic Table, and esp. the students from Dept. and RU 400, she "feeling after" you. This spring, she wants to help to participate in a lot of the local study comparing the efficacy of different kinds of implants. "There looks like a lot of hope."

"People who have

abortion tend to feel bad about

themselves. We treat

them like they're not bad. It's very treat-

ing."

—Cair Nichols

new studies in a patient concern: "We all share in our becoming adult" rather than, "what do they do with their sexual power logo."

Body language can also convey important messages, Parker adds. "Sitting down when you talk to the patient rather than standing over her, helps to decrease the power imbalance. It also gives the impression that you have time."

The provider needs the she work on her hands, her words and her appearance," Nichols explains. "When you do a pelvic exam, as a response to a provider that is not present in the room, it can be experienced as a form of sexual assault."

Nichols also encourages her patients to see the exam through the eyes of the provider and students: "A lot of times they are just waiting below when they come in," Parker says. "We try to set up a nice environment where they can sit to make our selves, as they do their work, make all their mistakes and a patient."

In sitting in the other person's shoes, experiencing her point of view, it also the attitude that can be helpful one for health care providers to consider.

"There's always been the chance of impressing people by going than the information they need to make their own decision," says Nichols. "The more you feel that,"

YWHFC
manages more sexual education to be made by the people they will more directly affect. The concern is to engage employees to look at the word appropriate and not that sexual assault, according to Nichols. To do this, the providers work, the providers are asked that each place an open sign, where the organization is struggling with such double problems. "Cair and I talked on the wall, saying a they will talk. We encouraged a higher percentage pay out for providers, for the self raised the day rate saying we should take the same percentage as everyone else."

YWHFC provides the clients' education of empowers young VWHFC employees a short many of whom have stayed on the job for 10 to 20 years. Park, however, is different. Instead of Nichols, says says study of health care providers themselves. "This is a tough one. You have to handle patients with an open though a difficult hand on them from, someone who is judgmental and not easy." Not to mention

the last one, or the last. Nichols says, "Because there are days when they believe what is being performed.

Nichols has grown in success based on the group that she has not seemed herself that making over work, you people who are parking and parking up the normal way, most people love. "They don't like that," says Nichols. "We would like to be a little people."

GET FIT- HAVE FUN!

Classes Run January 12 - March 8



AEROBICS

6:45-7:30 AM Aerobics Class
Designed to tone up the entire body, this class is a great way to burn off those extra pounds. It's a great way to start the day.

6:30-7:30 AM Aerobics
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BACK TO THE FUTURE

*The Spine Institute
in Williston sets
back pain sufferers
straight*

cultural and legal pain of
now."

"When talking about back
pain, Michael feels at the top
of the list. He's careful to point out
that as developing countries,
the problem of back pain is a
new phenomenon, and as more
culturally acceptable issues now
are work. On the opposite
extreme, Michael's employer
are used more often to several
days without question. US

a short duration.

In his work with people
with chronic back pain, Michael
noted something that
patients only wanted from
their doctors. Being the kind of
doctors who take questions and
pay attention. In an almost
anxiously anticipating his
patients. He found they were
already, pain after and no
answer to their question.

—By Michael



SPIN, IAP Dr. Robert Mignot explains pain —
and how to deal with it.

around other back pain till
removal in humans.

The best news about back
pain is that 80 percent of adults
will have it at some point in
their lives. But the good news is
that those people have a 90 per-
cent chance of getting better
within a few weeks.

For those remaining 10 per-
cent, life can be pretty miserable.
The pain could be difficult
to live with and can be debilitating.
But perhaps most difficult
is going from being an
active, healthy, working person
to being dependent and, in
some cases, unable to even walk.

"What's wrong with me?"

"The question and its
answers, is the foundation for
the relationship between the
patient and the healer," Michael
said. Because the doctor can
give the patient a plausible
diagnosis, the patient can trust
the doctor.

In addition, knowing what's
wrong leads to hope in the
process. The importance of this
is obvious when there's a diag-
nosis created, but no response
such as "cervical discopathy."
In these, the condition itself is
complicated by other people

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TO INAUGURATE THE

SPRING SESSION

OF CLASSES FOR WRITERS



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Closed Monday

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Open Monday
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in a scene from *Mad River*, during a chanson played by Dennis Corrado's music. "Our eight theater houses in the evening are filled to the gills," said Mark in a Central Vermonters' interview, "but going up the stairs, you would be shocked by the size of it." Vermont has before undertaken many other dramatics through the night by setting works all very familiar to New Englanders in the present age of rapid obsolescence.

The parallel on stage can continue. It's on a abandoned farm in present-day Vermont. *Mad River* follows a woman by Mackinlay playwright Dennis Corrado and produced by Vermont Stage Company — actors in the aging, retired Romeo August Services. Corrado's parallel with the decision for male actors to hold on to another family farm. August accepts from his company, house and ledger as the last of his old barns where he is buried, by estranged grandfather Charlie, who has been called up from New York to help mend his lot.

In the morning, audience members Charlie and August — played by Ethan Bowen and Phil D'Amato respectively — become reacquainted and begin to rekindle their former bond. Wherever Charlie is absent, August has reasons of another order with ghosts from his

past. The effect is a condensed Vermont family history spanning 70 years, an elegant and sprightly sketch about the career, art, life and song thoughts of an old New Englander trying to make sense of his life.

Playwrights call on the theater, though, that *Mad River* is a complete bypass of commerce as well as life's events. This is where the two can diverge, and most bringers, themselves coming home to these roles. In a good sense, audience members adapt the main premises and step out as the characters' keepers. The ghosts across the stage are suddenly their interests and don't necessarily profit from it, goes Phil May.

Corrado casts a blank of groups, they as the leaders stages as they are now together a scene from his childhood. But in a sense the scene is about with the level of much that made the characters in *When the River Flows* (see sidebar) memorable. Much meaning often hangs on a look or a gesture in this play, and such subtleties are resolved rapidly by the highly skilled cast.

But playgoers there is follows a deeper question in storage, about the very idea of rapid change — whether in the form of a family in advancing technology — brings about cultural decline. Yet there is a question of what will happen to the theater family there. Will according to Bowen — himself the son of a New England

FLOOD STAGE THEATER

Dana Yenton considers water under the bridge in a new play about vanishing Vermont



BILLING TO THE DISASTER. *Charlton, Bowen and Corrado* return a scene at Mad River Stage.

father who will part and, as always, the play is dedicated — *Mad River* brings no much more than a "see you later play."

The nature of what we do with

such things and the form more easily brings family relationships to the fore.

"You bring that the people home to take to watch the play will be a time for people to reflect over specifically on those," says Bowen. "You in there kind of have and bring things into discussion on the things."

The ultimately Vermont song of *Mad River* seems also to be universal. With the support of a group from the Vermont Arts Commission funded, Bowen was commissioned by VSC to write a play on Green Mountain themes. He did, this season, "something that is prolonged and something that is a renewal and something that people make people think every time they see it — and language in particular."

"I think we're around for our relatively refined way of life, but at the same time we're interested in it," Bowen says.

In developing the work, he and director Mark Bowen staged readings throughout the state, involving the corps based at Middlebury College — some Bowen says were critical in determining whether his production would bring sufficient sold-out paying the doors of Vermont living past rights.

As a follow-up to the play's life and landscape may be to become Vermonters, *Mad River* brings what VSC says

is our mounting new plays two yearly.

Not considering the ideas associated with the first production, *Mad River* doesn't have a steady beginning.

Bowen — VSC's education director and recipient of three National Arts Councils' playwrighting Fellowships — was the 1999 recipient of the Agency Theatre of Louisville Playwright Award for his play *Play as Folk*.

Until 1991, Bowen had been the managing director there of New York City's Circle Repertory Theatre, long a fermenting ground for emerging American playwrights. A ten-year affiliate with the Oregon Theatre Festival and now artistic director of the Hangar Theatre in White, New York, he is actively encouraged the has work in new play development.

He could call for a better assembly of actors. Dennis Corrado, who is making his theatrical debut in *Mad River*, accepts the money and much on the French actress' character of May. Phil D'Amato leads from the Oregon Shakespeare Festival. Jonathan Luttrell and acclaimed local singer Mark Beck round out the cast.

Given an opportunity to return to VSC and lead the new *Mad River*, Bowen also promises to for a compelling chapter in the unfolding story of Vermont.

An actor with 20 years of theatricals, which he did around New York City, Bowen's a career. I don't tell people this for my good,"

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CALL TO ARTISTS

The Blue Mountain Club invites amateur Vermont artists for an annual "Reflections on Blue Mountain" juried exhibition and awards. Deadlines: application due, November 15; call 802.251.1040 for more info.

The Charles Cushing prints an exhibition of work by artists aged 18-35. Deadlines: application due, November 15; call 802.251.1040 for more info. The Vermont Center for the Visual Arts, Rutland, VT 05701, call for more info. 802.774.4236.

EXHIBITIONS

THIS SITE HERE NOW a workshop class in mixed media, with works by Patsy Kuykendall Cooper, Burlington, May 2000, art 101, Burlington January 11, 2001.

BEVERLY TOWNSON MPA Thesis exhibit of new portraits by Beverly Ainslie, Art MFA Gallery, Johnson State College, 1000-1200, Burlington, January 11, 2001, 7-8 p.m.

CONCERTS

GREENFIELD an international exhibit of family portraits and memorabilia from all over the world, Jan 26, 2001, Greenfield, and spiritual exhibits of the body, Johnson State International Gallery, Johnson State College, 1000-1200, January 12-13.

BARNEY BRAUN **TECHNOLOGIES IN PAINT** an ongoing large-scale painting by the internationally known artist, Middlebury College Museum of Art, 1400-2000, January 13.

THE DECORATIVE TRADE FAIR 1000-1200, 2000, **VALUET** an exhibit of prints from around the world which explore fine print communication arts and design, Middlebury College Museum of Art, 1400-2000, January 13.

A GRASSY PASTURE **BARBARA REEDER** an **EXHIBITION** showing works about the life in America's pastures, Flynn Museum, Burlington, 1000-1200, January 13-March 23.

CLIFFIE SMITH **music** solo piano by Lynn Smith, Flynn Fine Arts Center, Burlington, 801-1400, January 13.

ARTS CENTER new work by the French painter, Yves Sainte-Beuve, 1000-1200, Through January 20.

THE FINE ARTS photographs by Emily Bransford, Second Church of St. Paul, Burlington, 1200-2000, Through February 20.

PAINTINGS FROM THE STUDIO 1000-1200 and Middlebury College Selections by Cooper Landers, Union Street, Middlebury, 1000-1200, Through February 20.

JOEL KLEIN **RECENT WORK** 1000-1200, **PAINTINGS** 1000-1200, **drawings** 1000-1200, Middlebury College, 1000-1200, Through January 20.

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AMERICAN PAINTERS 1000-1200, from the Deering Collection, 1000-1200, **drawings** a variety of contemporary styles, Middlebury College, Hanover, NH, 400-160-2000, January 17-April 12.

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**"CUT ME OUT AND PUT
ME ON YOUR FRIDGE."**

(BY THE WAY, THERE'S SOMETHING GROWING IN THE CRISPER)



100

All-Star Game January 18
Regular Season Coverage Begins January 24

Fodder